



2021 Open Enrollment

Preventive Services

2021 Assurant Health Plan Preventive Services

Early detection of disease can often be the difference between life and death; between being well and being disabled. The Assurant Health Plan encourages you and your family to get the preventive services that are appropriate for your age, gender, and other risk factors such as family medical history by covering the following routine preventive services. If you use an in-network provider, these services will be reimbursed at 100 percent, and the deductible will not apply. If you use a non-network provider, these services will be subject to the deductible and coinsurance.

If as a result of a routine preventive service, disease is suspected or identified, any further exams and tests for the disease will be considered diagnostic and will be subject to deductible and coinsurance.

Covered Preventive Services for Adults

Screenings

Abdominal aortic aneurysm	Height, weight
Alcohol misuse, screening and counseling to reduce alcohol misuse (Screening covered as part of routine exam with primary care physician)	Hepatitis C Virus (HCV)
Body mass index (BMI)	Lung Cancer
Bone Density test to screen for Osteoporosis	Obesity screening and counseling for adults (preventive medicine counseling and/or risk factor reduction intervention)
Blood pressure check (Screening covered as part of routine exam with primary care physician)	Prostate Cancer, including digital rectal exam and PSA test
Colorectal cancer	Syphilis (for all adults at higher risk)
Depression (Screening covered as part of routine exam with primary care physician)	Type 2 diabetes (for adult with high blood pressure) (Screening covered as part of routine exam with primary care physician)
Glucose screening for type 2 diabetes	Tobacco use smoking cessation counseling visit
HIV (for all adults at higher risk)	Vision (routine)
Hearing	Zoster (shingles) for those 50 years and older

Counseling

Alcohol misuse: Alcohol and/or substance (other than tobacco) abuse structured assessment (Screening covered as part of routine exam with primary care physician)	Obesity screening and counseling for children: Preventive medicine counseling and/or risk factor reduction intervention Medical nutrition therapy Nutritional counseling, dietitian visit
Aspirin use for men and women of certain ages and cardiovascular risk factors (Screening covered as part of routine exam with primary care physician -not separately charged)	Sexually transmitted infection (STI) prevention (for adults at higher risk)
Diet (for adults with known risk factors for cardiovascular and diet-related chronic disease)	Tobacco use (including programs to help you stop using tobacco) Smoking and tobacco use cessation counseling visit
Obesity screening and counseling for adults: Preventive medicine counseling and/or risk factor reduction intervention Medical nutrition therapy Nutritional counseling, dietitian visit	





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Immunizations

Doses, recommended ages, and recommended populations vary, dependent on vaccine type; discuss with your doctor.

Immunization Type	
Diphtheria, pertussis, tetanus (DPT)	Measles, mumps, rubella (MMR)
Hepatitis A	Meningococcal (meningitis)
Hepatitis B	Pneumococcal (pneumonia)
Herpes zoster	Rotavirus (RV)
Human papillomavirus (HPV)	Varicella (chickenpox)
Haemophilus influenza type b (Hib)	
Influenza (flu)	
Inactivated polio virus (IPV)	

Additional Covered Preventive Services for Women

Screenings/counseling for:

Breast cancer- mammography	Counseling for: <ul style="list-style-type: none"> ▫ BRCA (Counseling about genetic testing) ▫ Breast cancer chemoprevention ▫ Folic acid supplements counseling (Covered as part of routine exam with primary care physician - not separately charged)
Cervical cancer (for sexually active women)	Counseling for: <ul style="list-style-type: none"> ▫ Interpersonal and domestic violence ▫ Human immune-deficiency virus ▫ Sexually transmitted infections ▫ Contraceptive methods
Chlamydia infection screening (for younger women and other women at higher risk)	Screening for human immune-deficiency virus
Gonorrhea (for women at higher risk)	Screening for interpersonal and domestic violence
Osteoporosis	Well-woman

Additional screening services for pregnant women

Anemia	Preeclampsia (blood pressure)
Amniocentesis	RH incompatibility screening, with follow-up testing for women at higher risk
Bacteriuria urinary tract or other infection screenings	Rubella immunity
Breastfeeding support, supplies, and counseling	Ultrasound tests (including special test)
Breast feeding interventions to support and promote breast feeding after delivery	Urinalysis
Chorionic villus sampling	
Diabetes	
Expanded counseling on tobacco use	
Hepatitis B counseling	





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Additional Covered Preventive Services for Children

Covered screenings/assessments for children

Alcohol, tobacco, and drug use	HIV
Autism	Lead testing
Behavioral issues	Lipid disorders
Cervical dysplasia Blood Pressure risk assessment	Medical history
Congenital hypothyroidism	Obesity
Depression	Oral/dental health
Developmental (screening for children under 3, and surveillance throughout childhood)	Phenylketonuria (PKU)
Gonorrhea and chlamydia	Tuberculosis testing
Hearing (for all newborns) (Part of physician routine exam)	Urine & STI
Height, weight, and body mass index measurements (BMI)	Vision
Hematocrit or hemoglobin (blood count)	
Hemoglobinopathies or sickle cell	

Medication and supplements*

Gonorrhea Preventive medication (For the eye of all newborns, included in hospital bill)

*Please see the Assurant Preventive Drug List for a list of all other medications and supplements covered as a preventive benefit under the Assurant Health Plan.

Counseling for:

Obesity (covered as part of routine exam with primary care physician)

Sexually transmitted infection (STI) prevention (for adolescents at higher risk)

Immunizations

From birth to age 18-doses, recommended ages, and recommended populations vary. Depending on vaccine type; discuss this with your doctor.

Immunizations	
Diphtheria, pertussis, tetanus (DPT)	Measles, mumps, rubella (MMR)
Haemophilus influenza type B (Hib)	Meningococcal (meningitis)
Hepatitis A	Pneumococcal (pneumonia)
Hepatitis B	Polio
Human papillomavirus (HPV)	Rotavirus
Influenza (flu)	Varicella (chickenpox)

