

# Unlock the benefits of over-the-counter hearing aids

Starting January 1, 2024, your health plan will cover these devices\*



If you're experiencing mild to moderate hearing loss, over-the-counter (OTC) hearing aids offer a convenient, cost-effective, and user-friendly solution for improving and managing your hearing health.

This additional benefit gives you:

- **Cost savings.** The OTC hearing aids can be **up to 50% less expensive** than prescription hearing aids.
- **Choices.** You'll have a wide range of options, including brands, styles, and features like Bluetooth, rechargeable batteries, and tinnitus reduction for phantom noises in your ears, like ringing.
- **Accessibility.** You can buy these devices online and in physical stores. In some cases, your audiologist may offer these devices as well.



## Talk with your doctor

To make sure you get the right device for your unique needs, you'll need a prescription from your doctor. This is required for coverage of your OTC hearing aids under your plan.

If you don't have a primary care doctor or audiologist, search for one by downloading the Sydney<sup>SM</sup> Health app to your mobile device or logging in to **anthem.com**. Select **Find Care & Cost** from the *Care* menu.



## Learn about reimbursement

If you have any questions on how to submit a claim, call the number on the back of your member ID card or use the chat function through the Sydney Health mobile app.



\*OTC hearing aid benefits are available 1/1/24. Prior purchases are excluded.

Sydney Health is offered through an arrangement with Carelon Digital Platforms, a separate company offering mobile application services on behalf of your health plan. ©2023

Anthem Blue Cross and Blue Shield is the trade name of. In Colorado: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. In Connecticut: Anthem Health Plans, Inc. In Georgia: Blue Cross Blue Shield Healthcare Plan of Georgia, Inc. In Indiana: Anthem Insurance Companies, Inc. In Kentucky: Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HMO Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In Nevada: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc., dba HMO Nevada. In New Hampshire: Anthem Health Plans of New Hampshire, Inc. HMO plans are administered by Anthem Health Plans of New Hampshire, Inc. and underwritten by Matthew Thornton Health Plan, Inc. In Ohio: Community Insurance Company. In Virginia: Anthem Health Plans of Virginia, Inc. trades as Anthem Blue Cross and Blue Shield in Virginia, and its service area is all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123. In Wisconsin: Blue Cross Blue Shield of Wisconsin (BCBSWI), underwrites or administers PPO and indemnity policies and underwrites the out of network benefits in POS policies offered by Compcare Health Services Insurance Corporation (Compcare) or Wisconsin Collaborative Insurance Corporation (WCIC). Compcare underwrites or administers HMO or POS policies; WCIC underwrites or administers Well Priority HMO or POS policies. Independent licensees of the Blue Cross Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.

1055522MUMENABS 06/23

