



MyWellbeing Rewards Overview

Through [MyWellbeing](#), part of the Live Well program, earn rewards when you and/or your spouse/domestic partner complete certain activities. On MyWellbeing you can participate in a variety of exciting challenges, take your Wellbeing Assessment, schedule a health screening, get personalized coaching (online or by phone), track your progress, earn rewards and have fun while doing it!

There are three levels: **Engage**, **Grow** and **Perform**. Through Dec. 9, 2022, earn rewards once you complete each level.

Level	To Earn Rewards	Employee Rewards	Spouse/Domestic Partner Rewards
	First: Complete your Wellbeing Assessment (required activity for 450 points)		
1. Engage	Accumulate 1,000 points	\$100 in HRA / HSA (or as taxable pay if not enrolled in the Health Plan)	\$50 in employee's HRA / HSA (or as taxable pay if the employee is not enrolled in the Health Plan)
2. Grow	Accumulate 3,000 points	\$50 Amazon gift card	\$25 Amazon gift card
3. Perform	Accumulate 5,000 points	\$100 Amazon gift card	\$50 Amazon gift card
Surprises!	Check MyWellbeing throughout the year for additional chances to participate in drawings, earn rewards or charitable contributions		

Keep in mind:

1. The required activity in Level 1 (Wellbeing Assessment) must be completed in order to earn any of the rewards indicated for any of the three levels.
2. Gift cards are considered taxable compensation. Any gift cards earned by the employee and/or spouses/domestic partners will be added to the Assurant employee's taxable wages as imputed income. All Amazon gift cards **must** be claimed on MyWellbeing by the end of the program year on Dec. 9, 2022.
3. If it is unreasonably difficult due to a medical condition to meet the requirements for an incentive, call 1-855-792-2162 for assistance.
4. No earned incentives will be paid after an employee has terminated employment with Assurant.
5. While Dec. 9, 2022 is the 2022 deadline, as you reach each level throughout the year, the rewards will be paid out as soon as administratively possible within 30 days after points are earned.

Questions on MyWellbeing or incentives?

Visit [MyWellbeing](#), email support@limeade.com or call 1-855-792-2162.