

Personalized Support for GLP-1 Weight Loss*

CVS Weight Management Program

To help you achieve and maintain a healthy weight, we're introducing the **CVS Weight Management Program** — a comprehensive, personalized solution designed to support weight loss, improve your health, and sustain long-term results.

Required for all existing and new GLP-1 users taking medication for weight loss, this program combines clinical expertise, one-on-one support from registered dietitians, tailored nutrition plans, and the Health Optimizer app to guide your journey.

To qualify, participants must meet the following requirements:

- BMI of 30 or higher, or BMI of 27 or higher with a related health condition (such as high blood pressure, high cholesterol, or type 2 diabetes)
- Physician attestation confirming you've engaged in a weight loss program and increased physical activity for at least six months

How It Works

The below steps are required to remain in the program. Participants who are not enrolled in this program will have to pay 100% of the cost of the medication.

1. Download the Health Optimizer digital mobile app
2. Complete the eligibility assessment
3. Schedule a virtual visit with the Care Team to confirm eligibility

Once you're enrolled in the program, you can begin filling your GLP-1 medication at your plan's coinsurance or cost share.

To get the best results and remain in the program, you'll need to:

- Meet virtually each month with a Care Team member
- Log at least one biomarker in the Health Optimizer app

Assurant is proud to offer programs and services like this to help you achieve lasting health success.

* Participation in this program is not required for members with type 1 diabetes, on dialysis, pregnant, in end stage renal disease, or under 18 years old.