

- |       |  |
|-------|--|
| 1.15  | <b>Understanding Your Benefit 101:</b><br><i>Introduction to WIN</i>   |
| 2.12  | <b>Closing the Gap:</b><br><i>Fertility, Maternity, and the Black Experience</i>                               |
| 3.12  | <b>Women's Health Spotlight:</b><br><i>Endometriosis and Its Impact on Fertility &amp; Menopause</i>           |
| 4.22  | <b>National Infertility Awareness Week:</b><br><i>Fertility 101</i>  |
| 4.23  | <b>National Infertility Awareness Week:</b><br><i>Inclusive Pathways: LGBTQIA+ Fertility Journeys</i>          |
| 4.24  | <b>National Infertility Awareness Week:</b><br><i>Ask an Advocate Q&amp;A</i>                                  |
| 5.7   | <b>Honoring Mothers &amp; Caregivers:</b><br><i>Asking for and Offering Support Across Motherhood Journeys</i> |
| 5.14  | <b>Navigating Mental Health &amp; Well-Being:</b><br><i>Across Life Stages</i>                                 |
| 5.21  | <b>Nurturing New Beginnings:</b><br><i>An Exploration of Doula and Newborn Care</i>                            |
| 6.11  | <b>Family Building for All:</b><br><i>LGBTQIA+ Paths to Parenthood</i>   |
| 6.25  | <b>Male Health in Focus:</b><br><i>Andropause, Low T, and Fertility</i>  |
| 7.16  | <b>Hormone Health Across the Ages:</b><br><i>From Puberty to Healthy Aging</i>                                 |
| 8.6   | <b>Understanding Fertility &amp; Genetic Testing:</b><br><i>For Future Family Building</i>                     |
| 8.20  | <b>Comprehensive Family Support:</b><br><i>Guidance Through Fertility, Maternity &amp; Postpartum</i>          |
| 9.17  | <b>Fertility Fluency:</b><br><i>A Guide to Navigating Fertility Journeys</i>                                   |
| 10.8  | <b>Healthy Aging Series:</b><br><i>Managing Menopause &amp; Andropause</i>                                     |
| 10.15 | <b>Women's Wellness:</b><br><i>From Breast Cancer Awareness to Family Planning</i>                             |
| 11.12 | <b>Holiday Self-Care:</b><br><i>Navigating the Season with Balance and Support</i>                             |
| 11.19 | <b>Men's Health Matters:</b><br><i>Testicular Cancer, Fertility Preservation &amp; Family Planning</i>         |
| 12.10 | <b>Starting Your Family Building Journey in 2026:</b><br><i>Maximizing Benefits for Well-Being</i>             |